

**ST ANDREW UKRAINIAN CATHOLIC CHURCH
2023 LENT AND EASTER (PASCHA) SCHEDULE**

REMINDER: NO WEEKDAY MORNING LITURGIES DURING LENT			
Schedule is subject to change – Please check weekly bulletin for updates			
	<u>DATE</u>	<u>TIME</u>	<u>COMMENTS</u>
First day of Great Lent	February 20	All day	<i>No meat and dairy products are permitted.</i>
Liturgy of Presanctified Gifts (English)	February 22, March 1, 8, 15, 22, 29	6:30PM	<i>Abstinence from meat is encouraged on every Wednesday during Great Lent.</i>
Every Friday during Great Lent	February 24, March 3, 10, 17, 24, 31, April 7	All day	<i>Abstinence from meat is mandatory.</i>
<i>Sorokousty</i>	February 25, March 4, 11, 24* , 31* , April 1	After 9:00am Liturgy	Names of deceased loved one's read aloud after Saturday morning Liturgy (except Friday, March 24 th at 9:00a.m)
HOLY LENTEN MISSION	March 24, 25, 26	Please check the weekly bulletin for further details.	
Great Feast of Annunciation of the Blessed Virgin Mary (Holy Day of Obligation)	March 25	Divine Liturgy at 9:30am on Saturday, March 25 (Ukr)	
Palm Sunday (Great Feast)	April 1 & 2	Normal weekend Liturgy schedule – Myrovanya and Blessing of willow branches at all Liturgies	
Holy Monday	April 3	6:00pm	Liturgy of Presanctified Gifts with Gospel
Holy Tuesday	April 4	6:00pm	Liturgy of Presanctified Gifts with Gospel
Holy Wednesday	April 5	6:00pm	Liturgy of Presanctified Gifts with Gospel
Holy Thursday	April 6	10:30am	Vespers with Liturgy of St Basil the Great with Washing the Feet (<i>This service at St Josaphat Ukrainian Catholic Cathedral</i>)
		6:00pm	Matins & Reading of 12 Gospels at St. Andrew
Good Friday <i>(No meat and dairy products are permitted on this day.)</i>	April 7	5:00pm	Vespers; Exposition and Veneration of Holy Shroud
		9:00pm	Evening Vigil (9:00pm until Midnight)
CONFESSIONS	Saturday, April 8	1:00 - 2:00pm	
Holy Saturday <i>(Abstinence from meat is mandatory on this day)</i>	April 8	9:00am	Vespers with Divine Liturgy of St Basil (Eng)
		3:00pm	Blessing of Baskets – Easter Food (Ukr)
		5:00pm	Blessing of Baskets – Easter Food (Eng)
Pascha (Easter) Sunday <i>(No fasting during Bright Week only.)</i>	April 9	7:00am	Resurrection Matins with Divine Liturgy of St John Chrysostom with Myrovanya (Ukrainian with Choir)
		11:00am	Divine Liturgy of St John Chrysostom with Myrovanya (English)

*The three pillars of Lent are **Fasting, Good Works (Almsgiving), and Prayer...**
This year, let Lent make a difference in your life!*

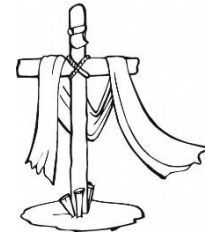
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Special Overnight Vigil at St Andrew (Good Friday to Holy Saturday) – The church doors will be open from 9:00pm to Midnight. This evening vigil will be a time for prayer and contemplation. Throughout the evening, various prayers and Bible readings will be read in both English and Ukrainian. All are invited to participate in this special period of reflection.

DO YOU WANT TO FAST THIS LENT? (In the words of Pope Francis)

- Fast from hurting words and say kind words
- Fast from sadness and be filled with gratitude
- Fast from anger and be filled with patience
- Fast from pessimism and be filled with hope
- Fast from worries and have trust in God
- Fast from complaints and contemplate simplicity
- Fast from pressures and be prayerful
- Fast from bitterness and fill your hearts with joy
- Fast from selfishness and be compassionate to others
- Fast from grudges and be reconciled
- Fast from words and be silent so you can listen.



LENT is a time for us to grow prayerfully, personally, and powerfully in our relationship with God. Great Lent is a 40-day period when we prepare ourselves for the Great Resurrection. During this time we follow the footsteps of Jesus who spent 40 days and 40 nights in the desert...our goal is to meet the risen Lord Jesus, who reunites us with God the Father. During Great Lent, the Church teaches us how to receive Him by using the two great means of repentance – prayer and fasting. This year, imagine that this Lent is going to be different from every other Lent you ever experienced...imagine that God is going to help transform our lives, leading us to greater freedom, greater joy, and deeper desire for love and service. This can be a wonderful season of grace for us if we give ourselves to it. Lent is about God's great desire to bless us. (Source: *Ukrainian Catholic Eparchy of Edmonton Newsletter Vol 2 Issue 5*)

Preparing for Confession (Reconciliation) – During Lent we are called to reform our lives and become holy. We do this by focusing on God through prayer, treating others well, and changing our negative behavior. Confession is not only a spiritual cleansing, but a spiritual awakening. We must acknowledge our sins and take responsibility for our actions and consequences. To make a good confession, five things are necessary: (1) examine your conscience thoroughly; (2) be sincerely sorry for your sins; (3) resolve to amend your life; (4) confess your sins to the best of your ability; and, (4) complete the penance given to you. (Source: *same as above*)

Reflection - *It is not enough for us to say: "I love God," but I also have to love my neighbor...We have been created in His image for greater things, to love and to be loved. We must "put on Christ" as Scripture tells us. And so, we have been created to love as He loves us...When He was dying on the Cross, Jesus said, "I thirst." Jesus is thirsting for our love, and this is the thirst of everyone, poor and rich alike. We all thirst for the love of others; that they go out of their way to avoid harming us and to do good to us. This is the meaning of true love, to give until it hurts ...Mother Teresa* (Source: www.ewtn.com/faith/len)

For more information about the Great Fast and Easter, please go to our Eparchial Website: <http://stjosaphateparchy.com/> If you do not have a computer, stop by the St. Andrew Church Office.

The Great Fast is a journey of the heart which is then filled with the radiant light of Pascha at the end of the journey.

Upcoming St Andrew EVENTS/ACTIVITIES – Mark your Calendar! More Details to Follow:

- ❖ LENTEN FISH FRY FRIDAYS (Dine-in OR Take-out) – February 24, March 3; 10; 17; 24; and April 1
- ❖ PASKA MAKING AND SALE – See weekly bulletins for details
- ❖ DIVINE MERCY SUNDAY – April 16
- ❖ PARISH EASTER DINNER/SVIACHENE – To be announced
- ❖ FIRST RECONCILIATION / COMMUNION – May 6 and May 7
- ❖ MOTHER'S DAY – May 14
- ❖ PENTECOST SUNDAY – May 28